

Directions for making your sachet



You will need a needle and thread. Please read all directions first. For visual directions, go to [Fieldsprouts.com](https://www.fieldsprouts.com)

1. Fold your fabric in half with the short ends together.
2. Using the dots on your fabric as a guide, stitch from dot to dot beginning with the dots in one corner and leaving the last inch open and thread dangling. You can sew over the edge of the fabric from dot to dot or sew on the same side of the fabric from dot to dot. Remember to be consistent. See our video for illustrated direction.
3. Using a folded paper or small funnel, fill the sachet with rose pedals or rice. Your kit contains fabric for two sachets so you can see which “stuffing” you like best.
4. Optional: Add several drops of a festive essential oil to the inside of your sachet before you stitch it up.
5. Finish sewing up the last part of your sachet, remembering to loop the piece of twine outside the sachet and sew the ends near the inside corner as you sew up that last inch. Don't forget to knot your thread when you finish. See our website for further instructions. [Fieldsprouts.com](https://www.fieldsprouts.com)

Disclaimer: None of these products are to be ingested.

